

Please list at least 2 to 3 significant advantages of having your laboratory studies obtained prior to the visit with your doctor.

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| 01/30/2018 | 32184387 | |
| 01/30/2018 | 32180257 | I have Cushing's Disease and recently had surgery to remove the tumor. I think it's advantageous to have lab results as it gives me an idea of where I stand in terms of remission etc. I also am a bit of a "Type A" personality, so I like to have a general idea of what we will be discussing so that I can work together with my endocrinologist to discuss my treatment plan. |
| 01/27/2018 | 32030893 | |
| 01/26/2018 | 32027677 | Fast appointment - dr is busy Accurate dosage given as i only see endocronologist every 3 mnths |
| 01/21/2018 | 31800816 | I can think about what questions I want to ask before I see him. If I don't get the results until I see the endocrinologist, the questions don't come to me until in driving home, which means I have to either wait 6 months for an answer on the next visit, or get it from the internet, and I know you don't want that! |
| 01/19/2018 | 31781429 | Able to discuss labs in regards to what is going on. Able to take the next step of repeat of abnormal. Get a better overall picture of the clinical picture with labs and imaging done prior to appt. |
| 01/18/2018 | 31727666 | Prepare a list of questions Be able to actively participate in self care |
| 01/16/2018 | 31548796 | |
| 01/16/2018 | 31516167 | It enables me to speak directly to my doctor about any changes in treatment that might need to happen. When I get lab work after the appointment, any changes in treatment are usually communicated by some medical clerical person relaying directions who can't intelligently discuss my diagnosis or situation or answer questions. That's very frustrating and feels like I'm getting ripped off. My specialist copay is \$85.00, so I want to know that I actually have the full coverage of treatment I'm paying for, and that includes having my doctor answer questions about labwork I either don't understand or am concerned about. I don't have 2 more reasons for you. That's it for me, and it's a big one. I only have access to my doctor if I show up in person. Trying to get through by phone is a joke. I want to be able to discuss my labwork with him when I see him. |
| 01/15/2018 | 31514980 | Provider will be able to discuss what's the next step and peace of mine |
| 01/15/2018 | 31487245 | Allows for detailed discussion of results and action plan during appointment. Easier for questions to be answered during appointment. |
| 01/15/2018 | 31475691 | If we both know the testing results it's easier to discuss my concerns. I generally know more then endos here in El Paso. |
| 01/15/2018 | 31475217 | |

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| 01/15/2018 | 31473934 | With labs done prior to visit the doctor and you know what's going on with you and can decide if changes need to be made in meds etc. or if there is something going on you weren't aware of. Plus it saves money not having to come back again for results |
| 01/15/2018 | 31469317 | I know the results and what the entail. I am prepared to discuss results with my endocrinologist |
| 01/15/2018 | 31466849 | I think the biggest advantage is to be able to discuss the results at the visit, rather than wait until the doctor can get around to calling me. |
| 01/15/2018 | 31466402 | We can adjust medicine where needed and are on the same page. I am in person with my endo not a quick phone or email when the results come in. I feel more in control of managing my condition and we work as a team. |
| 01/15/2018 | 31466486 | Save time and receive treatment quicker |
| 01/15/2018 | 31465020 | |
| 01/15/2018 | 31461139 | <ul style="list-style-type: none"> •easy for meds to be adjusted or added. And, questions about any new meds can be asked/ answered in person. •Ruling out or in a cause of a symptom in advance of visit could change the reason for visit. If labs were normal but symptoms worsen, different things might be explored that wouldn't have otherwise. |
| 01/15/2018 | 31457939 | I want the doctor to see my current situation, not looking at tests from months before! Testing before the appointment is very important for both doctor and patient. I hate it when they test after an appointment... all hormone testing should be done within 2 hours of waking up, fasting, and withholding all medications. That's how the tests were designed and how the reference ranges were established. If you test in the afternoon, non-fasting and having eaten and taken all meds, what exactly are you testing??? |
| 01/15/2018 | 31450312 | It prepares me for Drs treatment plan It allows me to research so that I can understand what the Dr advises |
| 01/15/2018 | 31449055 | Know the detail of test results. Get a chance to discuss what they mean to my treatment regime. |
| 01/15/2018 | 31448735 | <ol style="list-style-type: none"> 1) A more satisfying visit to discuss what is going on with my body. 2) Dr. has a more accurate picture of my health issues. |
| 01/15/2018 | 31447477 | Many times if they have current blood work or test results in front of them we can discuss everything right then without another appointment. If I have seen the results prior to appointment I can ask questions while I'm there for my appointment instead of trying to call the office and speaking to a list of people prior to the doctor hearing my questions or concerns. And after I've talked to every busy person in the office, I'm still not sure what questions they're asking the doctor on my behalf. |
| 01/15/2018 | 31446738 | |
| 01/15/2018 | 31446596 | Allows for discussion of lab results at the appointment and faster access to additional testing or treatment plan. Cuts down on anxiety of waiting on lab results after an appointment. Allows time to consider results and come up with questions for the doctor during my |

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| | | scheduled appointment. |
| 01/15/2018 | 31446635 | More accurate discussions during visit Less time wasted for patient and doctor Streamlined care |
| 01/15/2018 | 31446077 | The main advantage is that the doctor can give you your results right away. I also like to see where I am ahead of time so I can discuss all of my results, not just one or two. |
| 01/15/2018 | 31444645 | By monitoring Being aware And want to heal |
| 01/15/2018 | 31444251 | Being able to have the appropriate questions prepared in advance. Being able to compare to past results |
| 01/15/2018 | 31444230 | |
| 01/15/2018 | 31443977 | |
| 01/15/2018 | 31443894 | With CDI, I just have sodium and urine osmolality tested prior to each visit, primarily to monitor effectiveness of my Desmopressin dose, I presume, and then after visit/discussion the doctor orders other relevant and necessary follow-up labs. Works well, I think, but we don't always do the sodium checks prior, sometimes just do it all after. |
| 01/15/2018 | 31442953 | I save time |
| 01/15/2018 | 31442686 | Able to evaluate current meds and increase or decrease dosage, eliminate unnecessary meds. |
| 01/15/2018 | 31442633 | Ability to discuss results and formulate plan of action together. |
| 01/15/2018 | 31442526 | |
| 01/15/2018 | 31442505 | Can talk about them at appt. Lowers my anxiety. |
| 01/15/2018 | 31442497 | Some of the result from tests take more than 3-5 days. I know more of what to ask the doctor at the visit. |
| 01/15/2018 | 31442357 | The ability to speak with the doctor face to face regarding the results, current condition, steps to take to improve the current condition and future testing. |
| 01/15/2018 | 31442176 | My time , maybe the Dr would have time to study them and money |
| 01/15/2018 | 31441922 | Being able to prepare questions and discussions based on results. Being able to connect physical symptoms with lab results Being able to discuss how results might've been affected by error at time of test i.e: not being instructed to fast for a test, or being given a glucose tolerance test instead of a gh suppression. It happens! |
| 01/15/2018 | 31441822 | Opens up discussions and gets me adjustments right away if something is off. Also gives the endo an option to look at the results as we discuss a symptom I am having. |
| 01/15/2018 | 31441661 | Time savings and reduced costs. |
| 01/15/2018 | 31441569 | If you need a specialists, very often that specialist will not see you unless you have most recent labs. If your doctor is not willing to run those labs you are in limbo. 2. If |

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| | | you need medical intervention and doctors wait 6 months between visits but are so busy visits are further apart and you do not have prior labs when you arrive then you lose valuable time, you lose work, you lose your health. |
| 01/15/2018 | 31441571 | Everything is answered on the spot. No waiting. I do not get a phone call later and caught off guard and forget to ask a question I have based on labs. Not left wondering. |
| 01/15/2018 | 31441171 | Cannot think of any reason. Sometimes the results are too complicated |
| 01/15/2018 | 31441029 | 1. More conclusive appointment with my MD. |
| 01/15/2018 | 31440893 | Visits are an exchanges of well informed patients about their condition with the provider. It is not one sided. Educated patients promote compliance to treatment options considered during the visit. Additionally it reduces valued provider time engaging with the patient. |
| 01/15/2018 | 31440570 | We can discuss solutions to any issues that show in the results. I don't have to wait for a phone call from the nurse. I can ask questions directly to the Dr |
| 01/15/2018 | 31440418 | I feel more prepared with questions and symptoms to discuss. Gives me a sense of participation in my health care. I have learned a lot about Acromegaly and I can discuss results with the doctor in a prepared fashion. |
| 01/15/2018 | 31440342 | That I can go longer between dosages. Able to speak with doctor about results. |
| 01/15/2018 | 31440105 | - physician 'sees' the picture of where i am at - we discuss my results - he can answer my questions about how i am feeling because he has my results |
| 01/15/2018 | 31439992 | I can be prepared with questions regarding results and ongoing treatment. I can keep my results recorded for comparison. |
| 01/15/2018 | 31439769 | Gives the doctor a chance to go through the test data before the appointment. Gives me time to review. |
| 01/15/2018 | 31439795 | |
| 01/15/2018 | 31439388 | |
| 01/15/2018 | 31439133 | |
| 01/15/2018 | 31439071 | To know current medical condition and to be able to discuss efficacy of medications |
| 01/15/2018 | 31438858 | Any results can be discussed with Doc at that time. Also any tests that the Doc wants because of those results can be ordered and clearly explained by Doc immediately. |
| 01/15/2018 | 31438873 | would be able to ask more questions. I have a very very rare disease, his 3rd case in 35 years. I honestly don't think he knows what he is doing. My ins. won't let me go out of network. |
| 01/15/2018 | 31438239 | My doctor is 6 hours away. I visit to discuss results is preferred If he acquires the results prior to the visit our conversation can be planned and concise |
| 01/15/2018 | 31438113 | Get instant responses to lab values and instant answers to questions concerns while with Dr and therefore more information and discussion and feel better taken care of and obtain more understanding |
| 01/14/2018 | 31437952 | Discussion can take place with the endo while at the clinic. |
| 01/14/2018 | 31437566 | I feel we can discuss issues in person. If I have a question, I don't have to call back |

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| | | and try to reach the dr. |
| 01/14/2018 | 31437459 | I can discuss them with him instead of coming back or calling and telling his assistants. |
| 01/14/2018 | 31437458 | We have current information to work with I won't have to go for labs again |
| 01/14/2018 | 31437319 | |
| 01/14/2018 | 31437189 | |
| 01/14/2018 | 31436693 | More efficient for doctor |
| 01/14/2018 | 31436543 | Reduces unnecessary return medical appointments for test results only, especially since my endocrinologist usually has a nine-month waiting period for appointments. |
| 01/14/2018 | 31436371 | 1)Able to discuss findings and problems 2)Adjust necessary medications |
| 01/14/2018 | 31436124 | I have time to think about the results and prepare my questions and responses. I can process the results and plan how I want to approach conversation in the visit. I compare current results to past results to see how I'm trending and that helps me anticipate the direction of the conversation with doctor. |
| 01/14/2018 | 31435702 | |
| 01/14/2018 | 31435563 | At times there are symptoms prior to an appointment my doctors may want labs done sooner than a scheduled appointment with the understanding they may request additional labs. |
| 01/14/2018 | 31435399 | Open discussion of results Better planning with medications and regime of meds |
| 01/14/2018 | 31435075 | Allows for questions about the results and I'd rather spend the time with the end to discuss the findings |
| 01/14/2018 | 31434886 | Can discuss changes with the Dr. Dr can make changes to medication if needed. Patient has full understanding. |
| 01/14/2018 | 31434861 | topics of discussion more efficient less trips |
| 01/14/2018 | 31434760 | Igf1 takes about a week to come in. I prefer to discuss dosage changes in person. I understand my preauthorizations take a lot of time.. I try not to add anything else to my endocrinologist plate. If we can discuss labs at the appointment, then he will not have to call me later. |
| 01/14/2018 | 31434726 | I am diagnosed and had surgery so these visits are follow up. My doctor and I can discuss in detail my results and plan next step together. |
| 01/14/2018 | 31434576 | So i can enter the results into a spreadsheet and plot long term trends print this out in preparation for the visit as the endo does not consider trends just the last results, even though my hypopituitarism is progressive. It also gives me a chance to think through the results, formulate a plan for the discussion with the endo, as brain fog and low dopamine make thinking in real time difficult. |
| 01/14/2018 | 31434571 | Any med adjustments would be known the day of the visit, Both the doctor and i would know how I am managing my condition, possible side effects of meds or fluid |

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| | | intake known day of visit |
| 01/14/2018 | 31434551 | The advantage of before is that if there is a result I have a question about, I can ask the doctor in person about it. A lab result could end up making everything at an appt fairly irrelevant....more ...if this ...then that... questions and answers... |
| 01/14/2018 | 31434583 | |
| 01/14/2018 | 31434568 | Time efficient Peace of mind Info received so questions can be adequately answered |
| 01/14/2018 | 31434560 | Meds can be adjusted immediately. New things to discuss at appt. Setting the appt agenda is easier |
| 01/14/2018 | 31434503 | Immediate changes and discussion related to replacent hormones. I have had some screwy results that were unexpected. Any additional tests are done after. This is much faster and I feel like my endo has a better understanding of what is going on. With 10% pituitary, everything is usually the same. However, my testosterone was over 100 with out symptoms so I retested and he added prolactin. I unexpectedly regained adrenal function and a lot of crazy things are fluxing. It allows for repeat testing, faster response for MRI...very happy with it. |
| 01/14/2018 | 31434514 | I can clarify, learn and discuss the actual values for timely management of my condition. It is more efficient to have only one visit rather than two - one to request tests and then one to discuss results. I have peace of mind because I know that I will obtain results info in a timely manner and be able to prepare my questions and concerns, making my visit more relevant. |
| 01/14/2018 | 31434529 | |
| 01/14/2018 | 31434504 | I like to discuss current levels with Doc I get a chance to be proactive in my care |
| 01/14/2018 | 31434502 | You could discuss specific results and what they mean. Doctor would have a more concrete idea of what is going on |
| 01/14/2018 | 31434487 | |
| 01/14/2018 | 31434469 | I know what questions to ask Relives anxiety |
| 01/14/2018 | 31434369 | Prepares me to ask appropriate questions. Allows the endo to review and impliment the appropriate adjustments to meds. |
| 01/14/2018 | 31432016 | |

Please list at least 2 to 3 potential disadvantages of having your laboratory studies obtained prior to the visit with your doctor. Comments/Suggestions:

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| 01/30/2018 | 32184387 | |
| 01/30/2018 | 32180257 | I don't think there are any? As endocrinology requires a significant testing component, it's good to have these results in advance. I suppose if things went solely toward quantitative data without an analysis of physical symptoms and history that would be unfortunate. |
| 01/27/2018 | 32030893 | |
| 01/26/2018 | 32027677 | None |
| 01/21/2018 | 31800816 | I can understand some people might freak out when they see the results or adjust their medication based on their interpretation but I'm not that kind of person. The doctor needs to make a call on what kind of person they are dealing with |
| 01/19/2018 | 31781429 | Getting stuck so many times. Although, it would be the same if double confirmation labs are done. Ordering of unnecessary tests because the H/H isn't fully known! Insurance companies would definitely frown on extra unnecessary tests! They have way too much say on what can be done or not!! |
| 01/18/2018 | 31727666 | Incorrectl understanding of lab results may lead to unnecessary anxiety |
| 01/16/2018 | 31548796 | |
| 01/16/2018 | 31516167 | Sometimes he doesn't order all of the tests that pertain to my situation, so if he misses something, I either have to do more tests after the appointment or I have to wait until next time. It means I can't discuss that one particular thing with him. In my case, he usually forgets to check my iron/CBC levels. They aren't typical endocrine/pituitary tests, but it's something I struggle with, so I ask him to include them in the lab orders. |
| 01/15/2018 | 31514980 | Having to do more testing after seen the doctor |
| 01/15/2018 | 31487245 | Potential for additional testing to be required after appointment. Potential all to misinterpret test results prior to receiving advise from doctor. Potential to cancel or delay upcoming appointment if test results are positive. |
| 01/15/2018 | 31475691 | I don't know any |
| 01/15/2018 | 31475217 | |
| 01/15/2018 | 31473934 | Can't think of any dis advantages |
| 01/15/2018 | 31469317 | I might get overly concerned about the results. I might think it unnecessary to go to the appointment, but I will still go. |
| 01/15/2018 | 31466849 | I see no disadvantage |
| 01/15/2018 | 31466402 | I don't think there are disadvantages. My endo can always order addtl tests if required or tell me to wait a certain amount of time after a dose adjustment and then retest. |

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| 01/15/2018 | 31466486 | None |
| 01/15/2018 | 31465020 | |
| 01/15/2018 | 31461139 | <ul style="list-style-type: none"> •cancellation of appt after normal labs •additional labs added at visit |
| 01/15/2018 | 31457939 | I don't see a disadvantage to choosing the morning when you can be tested. Maybe one day is better than another, due to all sorts of things like working or other obligations. Taking time off from work is always a problem. Another problem is when the doctor decides at the appointment that other testing needs to be done... another run to the lab, another problem with timing of testing. |
| 01/15/2018 | 31450312 | |
| 01/15/2018 | 31449055 | Increase chance of high price due to huge amount of tests given. Difficulty arranging testing close to the time of appt. with doctor. |
| 01/15/2018 | 31448735 | none |
| 01/15/2018 | 31447477 | If they request more testing or different tests, then you have to go through the whole process again. If they need those additional tests to come to a conclusion, you're just stuck waiting again. And probably having to have another Dr appt. |
| 01/15/2018 | 31446738 | |
| 01/15/2018 | 31446596 | Potential anxiety of getting an abnormal value and having to wait for the appointment to discuss with the doctor. |
| 01/15/2018 | 31446635 | Can't think of any |
| 01/15/2018 | 31446077 | I don't see any disadvantages other than having to have more blood work done at the time of the appointment. |
| 01/15/2018 | 31444645 | If we know of our medical Condition, but don't have enough money to buy a medicine |
| 01/15/2018 | 31444251 | Getting bad results prior to being able to discuss with a professional. Drawing your own conclusions based on studies obtained prior...which may be incorrect |
| 01/15/2018 | 31444230 | |
| 01/15/2018 | 31443977 | |
| 01/15/2018 | 31443894 | It certainly can create anxiety when a patient interprets his own lab results without the input of the doctor. The benefit is that I can do my own research and have questions ready to ask the doctor. Have to be disciplined about having an open mind, and not jumping to conclusions, though. |
| 01/15/2018 | 31442953 | I need further testing |
| 01/15/2018 | 31442686 | I have not experienced any disadvantage |
| 01/15/2018 | 31442633 | None as far as I can see. I'd prefer to talk to my endo in person after results are known. |
| 01/15/2018 | 31442526 | |
| 01/15/2018 | 31442505 | No disadvantages |

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| 01/15/2018 | 31442497 | I cannot think of any, |
| 01/15/2018 | 31442357 | I don't know of any. |
| 01/15/2018 | 31442176 | Usually not enough test was run or wrong test where oder |
| 01/15/2018 | 31441922 | My university doctors many times prefer that their own university labs do the testing. The closest university lab to me is about 75 minutes one way. I personally would be ok with that but many would find it a hardship. It could cause more watchful waiting situations I suppose. Especially if symptoms aren't what is initiating the appointment. |
| 01/15/2018 | 31441822 | None that I can think of. |
| 01/15/2018 | 31441661 | Need to redraw for other labs. |
| 01/15/2018 | 31441569 | Your doctor says these are not recent enough they need to be redone then your insurance company will not pay because they say, we already paid for these labs. |
| 01/15/2018 | 31441571 | Doc might want a new test and have to go back to lab. |
| 01/15/2018 | 31441171 | |
| 01/15/2018 | 31441029 | 1. Wasting time |
| 01/15/2018 | 31440893 | Compared results Time to study on findings |
| 01/15/2018 | 31440570 | I don't see any disadvantages to this. I would at least want the Dr to have them so we can discuss during the visit. |
| 01/15/2018 | 31440418 | Some might not not to go to appointment if tests are "normal". That would be totally inappropriate on the patient. |
| 01/15/2018 | 31440342 | none |
| 01/15/2018 | 31440105 | - i have to spend the entire day at the hospital. Get there early to do blood then sit around and wait until most results come in before i can see the doctor (or make a second trip) |
| 01/15/2018 | 31439992 | Possibility of anxiety over the results. |
| 01/15/2018 | 31439769 | None |
| 01/15/2018 | 31439795 | |
| 01/15/2018 | 31439388 | |
| 01/15/2018 | 31439133 | |
| 01/15/2018 | 31439071 | Have To go and get lab work done at separate visit which is difficult due to my work schedule |
| 01/15/2018 | 31438858 | I guess any issues I talk to the Doc about at appt, possibly then needing another test? |
| 01/15/2018 | 31438873 | Can't see any disadvantages of this |
| 01/15/2018 | 31438239 | Perhaps the lab work will be outdated by the to.e of the visit |
| 01/15/2018 | 31438113 | Different assays Md preferred their lab maybe due to errirs in other labs |
| 01/14/2018 | 31437952 | Can't think of any. |
| 01/14/2018 | 31437566 | None |
| 01/14/2018 | 31437459 | None |

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| 01/14/2018 | 31437458 | I can't think of any |
| 01/14/2018 | 31437319 | |
| 01/14/2018 | 31437189 | |
| 01/14/2018 | 31436693 | Orders not based on current clinical needs so a second lab draw may be needed. |
| 01/14/2018 | 31436543 | If not familiar with norms or terminology used, may be hard to interpret appropriately. Wrong assumptions may be made. |
| 01/14/2018 | 31436371 | I can't think of a reason |
| 01/14/2018 | 31436124 | None. |
| 01/14/2018 | 31435563 | I feel strongly that having a face to face meeting with my doctor is important with pituitary disease. There are so many physical manifestations of pituitary disease that may not be noticed by the patient but are something the doctor may notice and then check in labs. Physical exams are also important in the doctors deciding which labs to order and which labs are not needed. This saves the patient both time and money. |
| 01/14/2018 | 31435702 | |
| 01/14/2018 | 31435399 | No disadvantages for me |
| 01/14/2018 | 31435075 | If negative results, it can leave you worrying and If you haven't met with endo first, there may be necessary tests that were not ordered because you never had the chance to notify doctor is certain problems or issues |
| 01/14/2018 | 31434576 | The only time this might be a disadvantage is if the patient is new, or newish and has no or limited knowledge of their disease, out of range results may cause distress. With long term, patients, this isnt an issue as often they are more aware of meaning and implications of the results. |
| 01/14/2018 | 31434886 | No disadvantage for me. |
| 01/14/2018 | 31434861 | wrong results wrong test for doctor bombay |
| 01/14/2018 | 31434760 | |
| 01/14/2018 | 31434726 | I may need additional testing but don't really see this as a disadvantage. |
| 01/14/2018 | 31434571 | Doctor may reschedule if labs are normal, possible insurance ramifications |
| 01/14/2018 | 31434551 | I prefer to only get one "poke" and Dr. seems to add tests based on appt. discussions. It works to get tests at end of appt. because Dr. Broyles is extremely good about following up with the results |
| 01/14/2018 | 31434568 | Fear of the unknown |
| 01/14/2018 | 31434583 | |
| 01/14/2018 | 31434560 | For me? None. For some? Not understanding results causing worry. |
| 01/14/2018 | 31434503 | I could need a second blood draw. |
| 01/14/2018 | 31434514 | I cannot see any disadvantage; however, if it could be argued that a patient could choose to not visit the Dr if they have the results, and self manage their care inappropriately |
| 01/14/2018 | 31434504 | don;t see any disadvantage |

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| 01/14/2018 | 31434529 | |
| 01/14/2018 | 31434502 | May not order the right ones |
| 01/14/2018 | 31434469 | Results without interpretation Unanswered questions |
| 01/14/2018 | 31434369 | Possibly having to rerun a test due to an error. |
| 01/14/2018 | 31432016 | |